

	l	m	x	j	v
10:30 - 11:30		BODY PUMP		BODY PUMP	
15:20 - 16:20	BODY PUMP				
19:00 - 20:00	BODY PUMP			BODY PUMP	
19:30 - 20:20					BODY PUMP
20:05 - 21:05			BODY PUMP		